

The Centre for Physiotherapy News

News/Welcome

“Quest Bars” are coming soon! High-protein foods and the only junk-free snacks that make you better.

“Holy Crap!” It’s here! #1 on Dragon’s Den. The world’s most amazing breakfast cereal is now available at The Centre for Physiotherapy. Award-winning “Holy Crap” is the perfect breakfast food. This slow-burning protein-rich rocket fuel leaves you satisfied until lunch. Lowest price in the city!

Welcome to Rosell Mendoza (PTA), the newest member of our physiotherapy assistant team.

Welcome to Jamie Silk (RMT), the newest addition to our wonderful massage therapy team. Jamie brings her experience in Swedish, deep tissue, therapeutic and relaxation massage as well as advanced techniques. Both Jamie and Alex can help regain your tissue elasticity and flexibility as well as relieve your muscle tension and stiffness just to name a few.

Kicking for Kids 3rd Annual Soccerthon: The Centre for Physiotherapy is proud to be sponsoring the Beit Issie Shapiro Kicking for Kids 3rd Annual Soccerthon for the 2nd year running on May 12, 2013. Not only will the clinic director be playing in this event, but we will be sponsoring our services as well as supplying all 120 players with Biofreeze[®], the #1 pain relieving gel in North America which has been formulated for health professionals.

Congratulations Julia Berry: Congratulations to Julia, our amazing front office manager who has now been with us for just over 1 year. Her great smile, customer service skills, polite and professional demeanor goes unsurpassed. Thank you!

Consumer Choice Award Winner: The Centre for Physiotherapy was selected as the 2012 Consumer Choice Award winner for the greater city of Toronto team.

Welcome to Julia Berry, our new front office manager. Julia brings her extensive customer service experience and her vibrant personality to our wonderful team.

CanadaHelps Charity Soccerthon: The Centre for Physiotherapy is proud to be sponsoring “Biofreeze[®] – The Power of Ice”, a natural topical analgesic pain reliever for the CanadaHelps Soccerthon on Sunday May 6, 2012 in Toronto.

Welcome to Alex Hdalevich (RMT), the newest member of our massage therapy team. Alex specializes in Swedish, deep tissue and relaxation massage.

Welcome to Irene Galvan (PTA), the newest member of our physiotherapy assistant team.

Do You Have Disc-Related Lower Back Pain?

Statistics have shown in numerous studies that patients with persistent disc-related lower back pain have had significant improvements both in pain and function when treated with the McKenzie approach. All our staff are highly trained in the McKenzie method.